




# Surgeon General Prevention Strategy, Priorities and Reports

Self-study course providing 8.0 Cat 1 CECHs for CHES®/MCHES® (includes 2.0 Advanced-level CECHs\*)

<p><b>General Information</b></p>	<p>Instructor: Jim Grizzell, MBA, MA, MCHES®, ACSM-P-C          Email: <a href="mailto:jimgrizzell@healthedpartners.org">jimgrizzell@healthedpartners.org</a>          Phone: 909-856-3350 (cell, please call between 9 am - 8 pm PT)          Course Materials: All are available online. Keep Study Guide opened on a computer to click on and open assignments in browser.</p>
<p><b>Course Description</b></p>	<p>This is a learning experience in which the participant tailors much of the learning to her or his interests. It covers the background, implementation, determination of prevention priorities, and evidence-based recommendations of the Surgeon Generals. Participants study the National Prevention, Health Promotion, and Public Health Council's vision, goals, strategic directions and priorities to improve the health of individuals, families, and communities. Documents include laws, executive orders, stakeholder engagement, reports).</p> 
<p><b>Course Goals and Objectives</b></p>	<p>The goal is to help health professionals and partners be expert consultants related to CHES®/MCHES® competencies and responsibilities. They will be able to provide expert assistance to: 1) identify and analyze factors that foster learning and skill building to enhance health, 2) assess efficacy of and select a variety of strategies and interventions to achieve objectives, 3) promote collaboration among stakeholders, 4) facilitate partnerships, 5) communicate and advocate for prevention, health promotion and wellness.</p>
<p><b>Course Requirements</b></p>	<p><u>Study Materials:</u> Web pages, articles, planning documents  <u>19 Question Assessment</u> (passing is ≥70%)  <u>Course Evaluation</u> (included at the end of the assessment)</p>
<p><b>The entire course will be done electronically using the web and email.</b>          Here are links to the course's web page, Study Guide and test:  <a href="http://www.healthedpartners.org/ceu/sg">www.healthedpartners.org/ceu/sg</a> and <a href="http://www.healthedpartners.org/ceu/sg/sgstudyguide.pdf">www.healthedpartners.org/ceu/sg/sgstudyguide.pdf</a>  <b>19-question multiple choice and text response assessment</b>  <a href="http://www.surveymonkey.com/r/sgpreventionprioritiestest">www.surveymonkey.com/r/sgpreventionprioritiestest</a></p>	
<p><b>Course Completion Certificate*</b></p>	<p>Course completion certificate for 8.0 CECHs for CHES® (includes 2.0 advance for MCHES®) will be awarded. Score ≥70% and course evaluation required. 7.0 Continuing Competency credits are included. Payment of fee is required.</p>

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# Introduction

The Surgeon General National Prevention Strategy started with the Patient Protection and Affordable Care Act and the Affordable Care Act. It called for a focus on moving the country from a “sick-care” system to one building on the laws’ efforts to lower health care costs; improve quality of care; prevent disease; and improve health, wellness and productivity.

Participants will be able to describe: national leadership, partners, four strategic directions, seven priorities, rationale for the selection of the directions and priorities, recommendations and actions, evidence-base for the recommendations and actions, economic benefits of prevention and reports of progress.



**Learn what is in each of these sections\***

## The National Prevention Strategy

National Leadership

Partners in Prevention

Strategic Directions

KEY FACTS

KEY DOCUMENTS

Key Indicators

Current

10-Year Target

Recommendations: What Can Be Done?

Actions

*The Federal Government will*

*Partners Can*

PROJECT HIGHLIGHT:

Priorities

KEY FACTS

KEY DOCUMENTS

Key Indicators

Current

10-Year Target

Recommendations: What can be done?

Actions

*The Federal Government will*

*Partners Can*

PROJECT HIGHLIGHT:

## Appendices

*Economic Benefits of Preventing Disease, National Prevention Strategy Indicators, Stakeholder Outreach and Input, Advisory Group on Prevention, Health Promotion and Integrative and Public Health, Justification for Evidence-Based Recommendations, Reference for the Key Documents, End Notes*

\* Headings and color themes are from the National Prevention Strategy and may help you learn.

### Two Ways to Find the Study Assignments and Time Estimates

1. Keep this Study Guide opened on your computer to be able to click on the links.
2. Follow instructions on a printed copy to get to assignments.

Time to complete the course is based on estimated time to read text at reading speeds of 250 words per minute (wpm) to faster speed at 300 wpm.

Estimated Time	Sections, Objectives and Assignments
~0.5 hours	<p><b>Introduction</b></p> <ul style="list-style-type: none"> <li>Review this Study Guide (~30 min)</li> </ul>
~1.0 hours	<p><b>Section 1: Background of the Surgeon General’s National Prevention Strategy</b></p> <p>After studying the materials, the participant will be able to:</p> <ul style="list-style-type: none"> <li>Describe the historical background of the National Prevention Strategy (NPS)</li> <li>Review the chronological order and documents used to develop the National Prevention Strategy</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li><b>Legislation</b> (Affordable Care Act, Section 4001, (March 23, 2010) – read pages 11-13 of the <b>2010 Annual Status</b> report (~5 min) <a href="http://www.healthedpartners.org/ceu/nps/nationalprevention2010report.pdf">www.healthedpartners.org/ceu/nps/nationalprevention2010report.pdf</a> <b>NOTE:</b> read the entire 17 report also (see 5<sup>th</sup> bullet)</li> <li><b>President Obama’s Executive Order</b> (June 10, 2010) – read the order at this link <a href="https://obamawhitehouse.archives.gov/the-press-office/executive-order-establishing-national-prevention-health-promotion-and-public-health">https://obamawhitehouse.archives.gov/the-press-office/executive-order-establishing-national-prevention-health-promotion-and-public-health</a> (~10 min)</li> <li><b>2010 Annual Status Report</b> (July 1, 2010) – Read the report (~20 min, <a href="http://www.healthedpartners.org/ceu/nps/nationalprevention2010report.pdf">www.healthedpartners.org/ceu/nps/nationalprevention2010report.pdf</a>)</li> <li><b>Surgeon General Regina Benjamin’s Prevention Advisory Group press release</b> (April 11, 2011) – Read the press release (&lt;5 minutes, <a href="http://wayback.archive-it.org/3926/20140108162222/http://www.hhs.gov/news/press/2011pres/04/20110411a.html">http://wayback.archive-it.org/3926/20140108162222/http://www.hhs.gov/news/press/2011pres/04/20110411a.html</a>)</li> <li><b>Prevention Advisory Group</b> (June 19, 2011) – review the two bullet points of what the group will do and bios of the 17 members (~5 min) <a href="http://www.healthedpartners.org/ceu/nps/advisorygroup.pdf">www.healthedpartners.org/ceu/nps/advisorygroup.pdf</a>.</li> <li><b>Action Plan Fact Sheet</b> (June 12, 2012) – read the 2-page pdf document (~5 min, <a href="http://www.ncdsv.org/images/NPC_ActionPlanImplementingTheNationalPreventionStrategy_factsheet_6-2012.pdf">http://www.ncdsv.org/images/NPC_ActionPlanImplementingTheNationalPreventionStrategy_factsheet_6-2012.pdf</a>)</li> </ul>
~0.75 hour	<p><b>Section 2: Stakeholder Engagement</b></p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>Describe how the Council will engage with stakeholders</li> <li>List stakeholders</li> <li>Describe how stakeholder input was gathered</li> <li>Describe the materials used to support discussion sessions with stakeholders</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li><b>Stakeholder Engagement Web Page</b> (June 19, 2011) – read text on the page (~5 minutes, <a href="http://www.healthedpartners.org/ceu/nps/npsstakeholderindex.pdf">www.healthedpartners.org/ceu/nps/npsstakeholderindex.pdf</a>).</li> <li><b>Instructions for Stakeholders</b> – Read the 1 page instructions (~5 minutes) <a href="http://www.healthedpartners.org/ceu/nps/npsstakeholderdiscussion-instructions-111610.pdf">www.healthedpartners.org/ceu/nps/npsstakeholderdiscussion-instructions-111610.pdf</a></li> </ul>

	<ul style="list-style-type: none"> <li>• <b>PowerPoint presentation</b> – View the 16 slides (~10 minutes, <a href="http://www.healthedpartners.org/ceu/nps/npsstakeholder_outreachpresentation.pdf">www.healthedpartners.org/ceu/nps/npsstakeholder_outreachpresentation.pdf</a>)</li> <li>• <b>Facilitator feedback form</b> – 2 page form (~5 minutes, <a href="http://www.healthedpartners.org/ceu/nps/npsstakeholder_facilitator-feedback-110510.pdf">www.healthedpartners.org/ceu/nps/npsstakeholder_facilitator-feedback-110510.pdf</a>)</li> <li>• <b>Handouts – Questions</b> – Read the question (~5 minutes, <a href="http://www.healthedpartners.org/ceu/nps/npsstakeholder_handoutsquestions.pdf">www.healthedpartners.org/ceu/nps/npsstakeholder_handoutsquestions.pdf</a>)</li> <li>• <b>Handouts Introduction Document</b> – Read the 8 page pdf document (~10 minutes, <a href="http://www.healthedpartners.org/ceu/nps/npsstakeholder_introduction8page.pdf">www.healthedpartners.org/ceu/nps/npsstakeholder_introduction8page.pdf</a>)</li> <li>• <b>Legislation (SEC. 4001 National Prevention, Health Promotion and Public Health Council</b> – (this is the same as the 1<sup>st</sup> bullet of Section 1) If you would like to see it in the original Affordable Care Act legislation read pages 463 - 465 (page numbers are at the top left of each page)) – This is the complete 974 page Patient Protection and Affordable Care Act, 2.6 mb. (~10 minutes not included in this section, <a href="http://docs.house.gov/energycommerce/ppacacon.pdf">http://docs.house.gov/energycommerce/ppacacon.pdf</a>).</li> <li>• <b>First status report</b> (July 1, 2013) (you read this from the assignment at bullet of Section 1)) ~20 minutes (not included in this section, <a href="http://www.healthedpartners.org/ceu/sg/nationalprevention2010report.pdf">www.healthedpartners.org/ceu/sg/nationalprevention2010report.pdf</a>)</li> </ul>
~1.75 hours	<p><b>Section 3: National Prevention Strategy</b></p> <p>After studying the materials, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Provide expert assistance to: 1) identify and analyze factors that foster learning and skill building that enhances and hinders health, 2) assess efficacy of and select a variety of strategies and interventions to achieve objectives, 3) promote collaboration among stakeholders, 4) facilitate partnerships, 5) communicate and advocate for prevention, health promotion and wellness</li> <li>• Explain the rationale and evidence-based recommendations of the four strategic directions</li> <li>• Explain the rationale and evidence-based recommendations for the seven priorities</li> <li>• List the economic benefits of preventing disease</li> <li>• Describe the justification for evidence-based recommendations</li> <li>• Describe the National Prevention Strategy Indicators</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>The National Prevention Strategy document</b> – review/read/study this document through Appendix 4 (~1 hr 40 min). This is a 4.66 MB pdf file you can download and read/study on your computer or print.</li> <li>• <b>Review</b> of the first 60 pages (through Appendix 4) <a href="http://www.healthedpartners.org/ceu/nps/national-prevention-strategy-june162011.pdf">www.healthedpartners.org/ceu/nps/national-prevention-strategy-june162011.pdf</a></li> <li>• <b>Read/study thoroughly, based on your interests and/or work</b>, select and read/study <ul style="list-style-type: none"> <li>• one (1) of the four strategic directions,</li> <li>• one (1) of the seven priorities <b>and</b></li> <li>• one of the first four Appendices (1, 2, 3, or 4).</li> </ul> </li> <li>• <b>For the test</b>, be prepared to write brief (&lt;=50 words) text answers about what you found that may be most useful for your interests and/or work with regard to at least one of the strategic directions, at least one of the priorities and one of the Appendices 1, 2, 3, or 4.</li> </ul>

<p>~1.0 hour</p>	<p><b>Section 4: Appendix 5. Justification for Evidence-Based Recommendations, and Evidence-Based Practices</b></p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Describe the five major scientific resources used to validate the evidence base for recommendations</li> <li>• Explain scientific rigor, systematic scientific review process, rigorous research processes</li> <li>• List Recommendations and their Supporting Evidence-Based Interventions</li> <li>• State the CHES®, MCHES® and CPH competencies for applying evidence-based practices and findings</li> <li>• Describe concepts and terms not-evidence-based, anecdotal, evidence-informed and evidence-based</li> <li>• List the steps of evidence-based practices</li> <li>• List reasons evidence-based practices are not used.</li> <li>• Explain the rationale for application of evidence-informed and evidence-based as related to the original 2008 and current 2<sup>nd</sup> edition guidelines</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>Read/study the 18-page Appendix 5: Justification for Evidence-Based Recommendation</b> – read/study pages 61 through 80 (~30 min) <a href="http://www.healthedpartners.org/ceu/nps/national-prevention-strategy-june162011.pdf">www.healthedpartners.org/ceu/nps/national-prevention-strategy-june162011.pdf</a></li> <li>• <b>Evidence. Evidence-based Practices and Findings</b> – read/study examples and definitions of anecdotal evidence, evidence-informed and evidence-based. <a href="http://www.healthedpartners.org/ceu/ebp/ag/anecdotal-evidenceinformed-evidencebased.pdf">www.healthedpartners.org/ceu/ebp/ag/anecdotal-evidenceinformed-evidencebased.pdf</a></li> </ul>
<p>~1.5 hour</p>	<p><b>Section 5: Reports - National Prevention Strategy and Other Surgeon General Reports</b></p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Describe achievements of National Prevention Council Department and Partners in Prevention Achievements in final comprehensive report published in 2014</li> <li>• Consider and explain if and what areas or priorities may still need improvement.</li> <li>• List the current report topics</li> <li>• List and describe report titles and types of information in the report/publication.</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>National Prevention Strategy Report – 2014</b> – read/study the first 64 pages, and scan through the Appendices (~50 min) <a href="http://www.healthedpartners.org/ceu/nps/2014-npc-status-report.pdf">www.healthedpartners.org/ceu/nps/2014-npc-status-report.pdf</a>. Based on your interests or work area select and be prepared to briefly (≤50 words) describe what was achieved by one (1) department and one (1) partner, and what you think may still might need to be achieved, what might be a significant remaining priority. <ul style="list-style-type: none"> <li>• one (1) of the 17 National Prevention Council Departments,</li> <li>• one (1) of the eight Partners in Prevention</li> </ul> </li> <li>• <b>Current Reports and Publications</b> – read text on the “Reports and Publications” web page. (~10 min) <a href="https://www.hhs.gov/surgeongeneral/reports-and-publications/index.html">https://www.hhs.gov/surgeongeneral/reports-and-publications/index.html</a> <ul style="list-style-type: none"> <li>• <b>Select one (1) of the 13 topics</b> listed on the left side of the web page – select a topic you are interested or work in. Review the titles of that topics reports and</li> </ul> </li> </ul>

	<p>select one of the reports to study. For the test, be prepared to state the date and information type of information in the report/publication (~30 min) (e.g., Skin Cancer, the Surgeon General's Call to Action to Prevent Skin Cancer, 2014, and brief description in information in the Executive Summary</p>
<p>~0.5 hour</p>	<p><b>Section 6: Current Surgeon General Priorities</b></p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Compare the original seven priorities to the current six priorities</li> <li>• List and describe the current priorities</li> </ul> <p><b>Study Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>The Current Priorities – read the text on the web page <u>and</u> the web pages for each priority</b> (Opioids and Addiction, Tobacco, Community and Economic Prosperity, Health and National Security, Oral Health, Emerging Public Health Threats) (~30 min). Be prepared to provide a short text answer a test question on the test about what you learned / found significant for a priority you are interested in. <a href="https://www.hhs.gov/surgeongeneral/priorities/index.html">https://www.hhs.gov/surgeongeneral/priorities/index.html</a></li> </ul>
<p>~0.75 hours</p> <p><b>IN THIS SECTION:</b></p> <p><b>Be sure cookies are enabled on the browser you will use to take the test.</b></p> <p>Instructions to get completion certificate, enable cookies, and being able to return to the test.</p> <p>Cookies allow you to leave the test and return to answer more questions.</p>	<p><b>Take the Test and Complete the Course Evaluation</b></p> <p>Course evaluation questions are included after the last test question.</p> <p>The test questions include 3 true/false, 4 multiple choice questions, and 12 short answer (≤50 word) questions). To get the five points for answering the short answer questions be sure to click “Yes” on the question following the text box.</p> <p><b>Name, Certification &amp; ID#, Email Address:</b> Be sure provide your name and CHES/MCHES or other type of certification <b>plus</b> ID/registration number that should be on your completion certificate. Give email address so your completion certificate can be emailed to you.</p> <p><b>How to Take the Test:</b> You can go back and change answers even after you complete the test. You can "Exit" the test and return to answer more questions (only on the same device (computer, laptop, cell phone; a cookie allows this). To be sure cookies are enabled for use instructions from this SurveyMonkey link: <a href="https://help.surveymonkey.com/articles/en_US/kb/How-do-I-enable-cookies-on-my-computer">https://help.surveymonkey.com/articles/en_US/kb/How-do-I-enable-cookies-on-my-computer</a>.</p> <p>After the last test and course evaluation questions you will see your score with percent correct and test answers, and summary of responses of other test takers. If you scored less than 70% you can retake the test.</p> <p><b>Notifying Health Education Partners of Test Completion:</b> After you complete the test a notification is automatically sent to Health Education Partners (but it arrives day after you complete the test). To ensure, however, Health Education Partners knows you completed the test complete the short form on the web page you will be taken to after clicking the last "Done" button. The link to that web page is: <a href="http://www.healthedpartners.org/verify-course-completion.html">http://www.healthedpartners.org/verify-course-completion.html</a>.</p> <p><b>Completion Certificate:</b> Your completion certificate will usually be emailed to you within 72 hours (most often same day) after notification the test was completed.</p>



Complete the test online at this link:

[www.surveymonkey.com/r/sgpreventionprioritiestest](http://www.surveymonkey.com/r/sgpreventionprioritiestest)

If you have any questions, contact Jim Grizzell at [jimgrizzell@healthedpartners.org](mailto:jimgrizzell@healthedpartners.org)

## Additional Optional Course Materials and Resources

### Stakeholder Engagement

The documents were on the original NPS site in 2010. The materials are useful for understanding the National Prevention Strategy development. Since creating this course most of the links about **Stakeholder Engagement** have been moved or removed from their original [www.healthcare.gov/center/councils/nphpphc](http://www.healthcare.gov/center/councils/nphpphc) site which does not exist now.

Original links to items above were and don't exist now:

[www.healthcare.gov/center/councils/nphpphc/stakeholder/index.html](http://www.healthcare.gov/center/councils/nphpphc/stakeholder/index.html).

[www.healthcare.gov/center/councils/nphpphc/stakeholder/questions.pdf](http://www.healthcare.gov/center/councils/nphpphc/stakeholder/questions.pdf)

[www.healthcare.gov/center/councils/nphpphc/stakeholder/nphps\\_instructions\\_111610.pdf](http://www.healthcare.gov/center/councils/nphpphc/stakeholder/nphps_instructions_111610.pdf),

[www.healthcare.gov/prevention/nphpphc/stakeholder/outreachpresentation.pdf](http://www.healthcare.gov/prevention/nphpphc/stakeholder/outreachpresentation.pdf),

[www.healthcare.gov/center/councils/nphpphc/stakeholder/facilitator\\_feedback\\_110510.pdf](http://www.healthcare.gov/center/councils/nphpphc/stakeholder/facilitator_feedback_110510.pdf),

[www.healthcare.gov/center/councils/nphpphc/stakeholder/introduction.pdf](http://www.healthcare.gov/center/councils/nphpphc/stakeholder/introduction.pdf).

Public input site (no link is available)

### Video - National Prevention and Health Strategy (06/16/2011 Panel)

YouTube video from the HHS unveiling of the National Prevention Strategy (53 minutes)

<http://www.youtube.com/watch?v=xGP9II238-k&NR=1>

### PowerPoint - National Prevention, Health Promotion, and Public Health Council—National Prevention and Health Promotion Strategy

Andrew Rien, CDC's Associate Director for Policy. Delivered this presentation during the annual meeting of the National Association of County and City Health Officials (NACCHO), July 15, 2010.

[http://intranet.cdc.gov/od/adp/resources/NACCHO\\_NPHPPHC\\_rein.pdf](http://intranet.cdc.gov/od/adp/resources/NACCHO_NPHPPHC_rein.pdf)

Link may not be available to you unless you can access the CDC Intranet.

### PowerPoint - Affordable Care Act Opportunities for Local Public Health

Dr. Thomas Frieden, CDC's Director. Delivered this presentation during the annual meeting of the National Association of County and City Health Officials (NACCHO), July 14, 2010.

[http://intranet.cdc.gov/od/adp/resources/NACCHO\\_townHall\\_frieden.pdf](http://intranet.cdc.gov/od/adp/resources/NACCHO_townHall_frieden.pdf)

Link may not be available to you unless you can access the CDC Intranet.