

# Study Guide for Developing Healthy People 2030 – Part 1

A self-study continuing education course providing 8.0\* Category 1 NCHEC CECHs for CHES® and MCHES® (includes 6.0 advanced CECHs for MCHES®)

<b>General Information</b>	<p>Instructor: Jim Grizzell, MBA, MA, MCHES®, ACSM-EP-C, FACHA          Email: <a href="mailto:jimgrizzell@healthedpartners.org">jimgrizzell@healthedpartners.org</a>          Phone: 909-856-3350 (cell, please call between 8 am - 9 pm PT)          Project Tools: All materials available online</p>
<b>Course Description</b>	<p><b>Directed Self-Study:</b> a learning experience and guide to resources and skill development to meet CHES®/MCHES® and RD/DTR competencies to achieve the national strategic health initiative. These include:**</p> <ul style="list-style-type: none"> <li>• assess needs, resources and capacity for health education/promotion</li> <li>• conduct evaluation and apply findings</li> <li>• plan involvement of and facilitate discussions with stakeholders</li> <li>• develop goals, objectives, and resources for evidence-based interventions and legislation, regulation and policies</li> <li>• assess and recommend technology resources</li> <li>• serving as a health education/promotion resource person</li> </ul> <p>The participant tailors portions of the learning experience by selecting materials to study the development of the national health promotion and disease prevention objectives for 2030. Studying is self-paced without regard to time or location.</p>
<b>Course Goals</b>	The participant will be able to act as a knowledgeable resource person on development of the national health promotion and disease prevention objectives.
<b>Course Requirements</b>	<p><u>Study Materials:</u> Development of Healthy People 2030 web pages and documents  <u>27-Question Test</u> (TF, Y/N, multiple choice, short answer, passing ≥70% correct)  <u>Course Evaluation</u> (included after last question of the test)</p>
<p>The course will be done electronically using the email and the web using links in the <b>Study Guide</b>  <b>Study Guide:</b> <a href="http://www.healthedpartners.org/ceu/hp2030devpart1/hp2030devpart1studyguide.pdf">www.healthedpartners.org/ceu/hp2030devpart1/hp2030devpart1studyguide.pdf</a>  <b>Test:</b> <a href="https://www.surveymonkey.com/r/hp2030devpart1">https://www.surveymonkey.com/r/hp2030devpart1</a></p>	
<b>Course Completion Certificate</b>	Course completion certificate for 8.0 CECHs (includes 6 advanced hours) for the National Commission on Health Education Credentialing and 8.0 CPE for Commission for Dietetics Registration will be awarded if a score of ≥70% is achieved and Course Evaluation is completed. Payment of fee is required.

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\* Continuing education hours are based on reading speed of 250 words per minute and two minutes per slide.

\*\* List of CHES®/MCHES® and RD/DTR competencies, sub-competencies, and learning codes on pages 4-5.



<b>Health Education Partners</b>	National Commission on Health Education Credentialing  Provider # 100538
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Estimated Time	Objectives and Assignments
~0.5 hours	<p><b>Introduction</b></p> <ul style="list-style-type: none"> <li>Review this Study Guide and instructions for taking the test and receiving credit</li> </ul>
~1.00 hour	<p><b>Section 1: Planning for Healthy People 2030</b></p> <p>After studying the materials, the participant will be able to:</p> <ul style="list-style-type: none"> <li>Describe the Healthy People 2030 development process</li> <li>Explain the Framework and Background of Healthy People</li> <li>Describe the Secretary's Advisory Committee members' qualifications (especially the member with MCHES)</li> <li>Describe what the Advisory Committee is to recommend</li> <li>Explain the history of Healthy People</li> </ul> <p><b>Assignments</b></p> <ul style="list-style-type: none"> <li><b>Read/study</b> <ul style="list-style-type: none"> <li><b>1a. Development of the National Health Promotion and Disease Prevention Objectives for 2030 – NOTE:</b> just read the text, don't follow links on the page yet, you will study them later in the course.           <ul style="list-style-type: none"> <li><a href="http://www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030">www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030</a></li> </ul> </li> <li><b>1b. Framework</b> <ul style="list-style-type: none"> <li><a href="http://www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030/Framework">www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030/Framework</a></li> </ul> </li> <li><b>1c. Secretary's Advisory Committee on National Health Promotion and Disease Prevention Objectives for 2030:</b> 1) web page, 2) committee member bios and 3) Charter           <ul style="list-style-type: none"> <li>Description - <a href="http://www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030/Advisory-Committee">www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030/Advisory-Committee</a></li> <li>Members - <a href="http://www.healthypeople.gov/2020/about/history-development/healthy-people-2030-advisory-committee/committee-members">www.healthypeople.gov/2020/about/history-development/healthy-people-2030-advisory-committee/committee-members</a> <ul style="list-style-type: none"> <li>Be sure to read the bio of Susan Goekler, PhD MCHES.</li> </ul> </li> <li>Charter - <a href="http://www.healthypeople.gov/sites/default/files/2030_Advisory_Committee%20copy.pdf">www.healthypeople.gov/sites/default/files/2030_Advisory_Committee%20copy.pdf</a></li> </ul> </li> <li><b>1d. History and Development of Healthy People – NOTE:</b> just read the text on the page, following links on the page are not necessary for this course.           <ul style="list-style-type: none"> <li><a href="http://www.healthypeople.gov/2020/About-Healthy-People/History-Development-Healthy-People-2020">www.healthypeople.gov/2020/About-Healthy-People/History-Development-Healthy-People-2020</a></li> </ul> </li> </ul> </li> </ul>
~0.5 hours	<p><b>Section 2: Public Comment</b></p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>Describe stakeholders desire with regard to objectives</li> <li>List types of objectives to be used in Healthy People 2030 and each types criteria and characteristics</li> <li>Explain the types of objectives</li> <li>Apply the selection criteria and characteristics for core, research and objectives</li> </ul>



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	<p><b>Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>Read/study</b> <ul style="list-style-type: none"> <li>• <b>Public Comment for Healthy People 2030</b> – read the text on the page. <a href="http://www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030/Public-Comment">www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030/Public-Comment</a></li> <li>• <b>Objective Selection Criteria</b> – read/study the 3-page pdf file <a href="http://www.healthypeople.gov/sites/default/files/ObjectiveSelectionCriteria508.pdf">www.healthypeople.gov/sites/default/files/ObjectiveSelectionCriteria508.pdf</a></li> <li>• <b>Proposed Objectives for Inclusion in Healthy People 2030</b> – review the first two pages (table of contents) of the 63 page pdf file <a href="https://www.healthypeople.gov/sites/default/files/ObjectivesPublicComment508.updated%2012.20.2018.pdf">https://www.healthypeople.gov/sites/default/files/ObjectivesPublicComment508.updated%2012.20.2018.pdf</a>, then use instructions below. <ul style="list-style-type: none"> <li>○ 1) based on your interests and/or work select one topic area (e.g., AH (Adolescent Health) or PHI (Public Health Infrastructure) and</li> <li>○ 2) review the topic's core, developmental and research objectives</li> <li>○ 3) be prepared to describe in the answer to a test question (≤50 words in a text box) how or why you might agree with or change an objective, or propose an new objective based on the <a href="#">objective selection criteria</a> and characteristics.</li> </ul> </li> </ul> </li> </ul>
<p>~1.0 hour (picture of the Committee Reports and Meetings web page)</p> 	<p><b>Section 3a: 1<sup>st</sup> Meeting – Inaugural Meeting</b></p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• List topics discussed</li> <li>• Explain the process of and describe discussions in the meeting</li> <li>• Describe outcomes of the meeting</li> </ul> <p><b>Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>Read/study</b> – <ul style="list-style-type: none"> <li>• Federal Register Notice <a href="http://www.healthypeople.gov/sites/default/files/healthy-people-overview.pdf">www.healthypeople.gov/sites/default/files/healthy-people-overview.pdf</a></li> <li>• Agenda <a href="http://www.healthypeople.gov/2020/about/history-development/healthy-people-2030-advisory-committee/inaugural-meeting-agenda">www.healthypeople.gov/2020/about/history-development/healthy-people-2030-advisory-committee/inaugural-meeting-agenda</a></li> <li>• Summary <a href="http://www.healthypeople.gov/sites/default/files/First-Meeting-Summary-Secretarys-Advisory-Committee-for-2030.pdf">www.healthypeople.gov/sites/default/files/First-Meeting-Summary-Secretarys-Advisory-Committee-for-2030.pdf</a></li> </ul> </li> </ul>
<p>~5.0 hours (based on viewing time of 2 minutes per slide)</p> 	<p><b>Section 3b: 1<sup>st</sup> Meeting – Inaugural Meeting Presentations and Final Report</b></p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• Describe Healthy People, its evolution, SDOH, LHIs, and management and coordination</li> <li>• Explain how the National Center for Health Statistics (NCHS) data collections programs support Healthy People and 2030 data considerations</li> <li>• List the Healthy People 2020 features, resources and tools; and planning for 2030</li> <li>• Describe the recommendations given by the Healthy People 2020 Advisory Committee</li> <li>• Explain how Healthy People 2020 was used and evaluation results</li> </ul> <p><b>Assignments</b></p> <ul style="list-style-type: none"> <li>• <b>Read/study/view</b> each of the five presentations and the Final Report <ul style="list-style-type: none"> <li>• Healthy People Overview (11 slides) <a href="http://www.healthypeople.gov/sites/default/files/healthy-people-overview.pdf">www.healthypeople.gov/sites/default/files/healthy-people-overview.pdf</a></li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>• Healthy People: Data Requirements (18 slides) <a href="http://www.healthypeople.gov/sites/default/files/hp-data-requirements-rothwell.pdf">www.healthypeople.gov/sites/default/files/hp-data-requirements-rothwell.pdf</a></li> <li>• HealthyPeople.gov and Interactive Tools (10 slides) <a href="http://www.healthypeople.gov/sites/default/files/hp-interactive-tools.pdf">www.healthypeople.gov/sites/default/files/hp-interactive-tools.pdf</a></li> <li>• HP2020 Advisory Committee Recommendations <a href="http://www.healthypeople.gov/sites/default/files/hp-2020-advisory-committee-recommendations.pdf">www.healthypeople.gov/sites/default/files/hp-2020-advisory-committee-recommendations.pdf</a></li> <li>• Who Uses Healthy People and How is it Used? <a href="http://www.healthypeople.gov/sites/default/files/healthy-people-user-research.pdf">www.healthypeople.gov/sites/default/files/healthy-people-user-research.pdf</a></li> <li>• Final Report: 2015 Healthy People User Study <a href="http://www.healthypeople.gov/sites/default/files/hp-2020-user-study-final-report.pdf">www.healthypeople.gov/sites/default/files/hp-2020-user-study-final-report.pdf</a></li> </ul>
~1.0 hour	<p><b>Take 27 Question Test and Complete the Course Evaluation</b> (included at end of test)</p> <p>The test has 27 questions (3 true/false or Yes/No, and 14 multiple choice questions, and five short answer (≤50 word) questions). To get the five points for answering the short answer questions be sure to click “Yes” on the question following the text box.</p> <p>Be sure provide your name and CHES/MCHES or other certificate type <b>plus</b> ID/registration number that should be on your completion certificate. Give email address so your completion certificate can be emailed to you.</p> <p>You can go back and change answers even after you complete the test. You can "Exit" the test and return to answer more questions (only on this device (computer, laptop, cell phone; a cookie allows this).</p> <p>After the last test and course evaluation questions you will see your score with percent correct and test answers, and summary of responses of other test takers. If you scored less than 70% you can go back and change answers or, even if ≥70%, to increase your score. You must use the same device (computer, laptop, cellphone) do be able to reopen the test web page (a cookie is saved on your computer to allow this).</p> <p>After you complete the test a notification is automatically sent to Health Education Partners. To ensure, however, Health Education Partners knows you completed the test complete the short form on the web page you will be taken to after clicking the last "Done" button.</p> <p>Completion certificates are usually emailed to participants within 72 hours (most often same day) after notification the test was completed.</p> <p>Complete the test online at this link: <a href="https://www.surveymonkey.com/r/hp2030devpart1">https://www.surveymonkey.com/r/hp2030devpart1</a></p> <p>If you have any questions, contact Jim Grizzell at <a href="mailto:jimgrizzell@healthedpartners.org">jimgrizzell@healthedpartners.org</a>.</p>