

Study Guide for Developing Healthy People 2030 – Part 1

A self-study continuing education course providing 8.0* Category 1 NCHCEC CECHs for CHES® and MCHES® (includes 6.0 advanced CECHs for MCHES®), and 8.0 CDR CPEs for RDs and DTRs

General Information	<p>Instructor: Jim Grizzell, MBA, MA, MCHES®, ACSM-EP-C, FACHA Email: jimgrizzell@healthedpartners.org Phone: 909-856-3350 (cell, please call between 8 am - 9 pm PT) Project Tools: All materials available online</p>
Course Description	<p>Directed Self-Study: a learning experience and guide to resources and skill development to meet CHES®/MCHES® and RD/DTR competencies to achieve the national strategic health initiative. These include:**</p> <ul style="list-style-type: none"> • assess needs, resources and capacity for health education/promotion • conduct evaluation and apply findings • plan involvement of and facilitate discussions with stakeholders • develop goals, objectives, and resources for evidence-based interventions and legislation, regulation and policies • assess and recommend technology resources • serving as a health education/promotion resource person <p>The participant tailors portions of the learning experience by selecting materials to study the development of the national health promotion and disease prevention objectives for 2030. Studying is self-paced without regard to time or location.</p>
Course Goals	The participant will be able to act as a knowledgeable resource person on development of the national health promotion and disease prevention objectives.
Course Requirements	<p><u>Study Materials:</u> Development of Healthy People 2030 web pages and documents <u>27-Question Test</u> (TF, Y/N, multiple choice, short answer, passing ≥70% correct) <u>Course Evaluation</u> (included after last question of the test)</p>
<p>The course will be done electronically using the email and the web using links in the Study Guide Study Guide: www.healthedpartners.org/ceu/hp2030devpart1/hp2030devpart1studyguide.pdf Test: https://www.surveymonkey.com/r/hp2030devpart1</p>	
Course Completion Certificate	Course completion certificate for 8.0 CECHs (includes 4 advanced hours) for the National Commission on Health Education Credentialing and 8.0 CPE for Commission for Dietetics Registration will be awarded if a score of ≥70% is achieved and Course Evaluation is completed. Payment of fee is required.

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* Continuing education hours are based on reading speed of 250 words per minute and two minutes per slide.

** List of CHES®/MCHES® and RD/DTR competencies, sub-competencies, and learning codes on pages 4-5.

Health Education Partners	National Commission on Health Education Credentialing Provider # 100538
	Commission for Dietetics Registration Provider # HE005

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	<p>Assignments</p> <ul style="list-style-type: none"> • Read/study <ul style="list-style-type: none"> • Public Comment for Healthy People 2030 – read the text on the page. www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030/Public-Comment • Objective Selection Criteria – read/study the 3-page pdf file www.healthypeople.gov/sites/default/files/ObjectiveSelectionCriteria508.pdf • Proposed Objectives for Inclusion in Healthy People 2030 – review the first two pages (table of contents) of the 63 page pdf file https://www.healthypeople.gov/sites/default/files/ObjectivesPublicComment508.updated%2012.20.2018.pdf, then use instructions below. <ul style="list-style-type: none"> ○ 1) based on your interests and/or work select one topic area (e.g., AH (Adolescent Health) or PHI (Public Health Infrastructure) and ○ 2) review the topic's core, developmental and research objectives ○ 3) be prepared to describe in the answer to a test question (≤50 words in a text box) how or why you might agree with or change an objective, or propose an new objective based on the objective selection criteria and characteristics.
<p>~1.0 hour (picture of the Committee Reports and Meetings web page)</p> 	<p>Section 3a: 1st Meeting – Inaugural Meeting</p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> • List topics discussed • Explain the process of and describe discussions in the meeting • Describe outcomes of the meeting <p>Assignments</p> <ul style="list-style-type: none"> • Read/study – <ul style="list-style-type: none"> • Federal Register Notice www.healthypeople.gov/sites/default/files/healthy-people-overview.pdf • Agenda www.healthypeople.gov/2020/about/history-development/healthy-people-2030-advisory-committee/inaugural-meeting-agenda • Summary www.healthypeople.gov/sites/default/files/First-Meeting-Summary-Secretarys-Advisory-Committee-for-2030.pdf
<p>~5.0 hours (based on viewing time of 2 minutes per slide)</p> 	<p>Section 3b: 1st Meeting – Inaugural Meeting Presentations and Final Report</p> <p>After studying the material in this section, the participant will be able to:</p> <ul style="list-style-type: none"> • Describe Healthy People, its evolution, SDOH, LHIs, and management and coordination • Explain how the National Center for Health Statistics (NCHS) data collections programs support Healthy People and 2030 data considerations • List the Healthy People 2020 features, resources and tools; and planning for 2030 • Describe the recommendations given by the Healthy People 2020 Advisory Committee • Explain how Healthy People 2020 was used and evaluation results <p>Assignments</p> <ul style="list-style-type: none"> • Read/study/view each of the five presentations and the Final Report <ul style="list-style-type: none"> • Healthy People Overview (11 slides) www.healthypeople.gov/sites/default/files/healthy-people-overview.pdf

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	<ul style="list-style-type: none"> • Healthy People: Data Requirements (18 slides) www.healthypeople.gov/sites/default/files/hp-data-requirements-rothwell.pdf • HealthyPeople.gov and Interactive Tools (10 slides) www.healthypeople.gov/sites/default/files/hp-interactive-tools.pdf • HP2020 Advisory Committee Recommendations www.healthypeople.gov/sites/default/files/hp-2020-advisory-committee-recommendations.pdf • Who Uses Healthy People and How is it Used? www.healthypeople.gov/sites/default/files/healthy-people-user-research.pdf • Final Report: 2015 Healthy People User Study www.healthypeople.gov/sites/default/files/hp-2020-user-study-final-report.pdf
~1.0 hour	<p>Take 27 Question Test and Complete the Course Evaluation (included at end of test)</p> <p>The test has 27 questions (3 true/false or Yes/No, and 14 multiple choice questions, and five short answer (≤50 word) questions). To get the five points for answering the short answer questions be sure to click “Yes” on the question following the text box.</p> <p>Be sure provide your name and CHES/MCHES, CDR or other certificate type plus ID/registration number that should be on your completion certificate. Give email address so your completion certificate can be emailed to you.</p> <p>You can go back and change answers even after you complete the test. You can "Exit" the test and return to answer more questions (only on this device (computer, laptop, cell phone; a cookie allows this).</p> <p>After the last test and course evaluation questions you will see your score with percent correct and test answers, and summary of responses of other test takers. If you scored less than 70% you can go back and change answers or, even if ≥70%, to increase your score. You must use the same device (computer, laptop, cellphone) do be able to reopen the test web page (a cookie is saved on your computer to allow this).</p> <p>After you complete the test a notification is automatically sent to Health Education Partners. To ensure, however, Health Education Partners knows you completed the test complete the short form on the web page you will be taken to after clicking the last "Done" button.</p> <p>Completion certificates are usually emailed to participants within 72 hours (most often same day) after notification the test was completed.</p> <p>Complete the test online at this link: https://www.surveymonkey.com/r/hp2030devpart1</p> <p>If you have any questions, contact Jim Grizzell at jimgrizzell@healthedpartners.org.</p>

NCHEC and CDR Competencies Addressed in the Course

National Commission on Health Education Credentialing (NCHEC) Competencies

Area 1: Assess Needs, Resources, and Capacity for Health Education/Promotion

1.1 Plan assessment process for health education/promotion

1.2 Access existing information and data related to health

1.2.2 Establish collaborative relationships and agreements that facilitate access to data

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- 1.4 Analyze relationships among behavioral, environmental, and other factors that influence health
- 1.6 Examine Factors that enhance or impede the process of health education/promotion
- 1.7 Determine needs for health education/promotion based on assessment findings
- 1.7.1 Synthesize assessment findings
- 1.7.4 Develop recommendations for health education /promotion based on assessment findings

Area II: Plan Health Education/Promotion

- 2.2 Develop goals and objectives
- 2.3 Select or design strategies/intervention
- 2.4 Develop a plan for the delivery of health education/promotion
- 2.5 Address factors that influence implementation of health education/promotion

Area III: Implement Health Education/Promotion

- 3.1 Coordinate logistics necessary to implement plan
- 3.4 Monitor implementation of health education/promotion

Area IV: Conduct Evaluation and Research Related to Health Education/Promotion

- 4.3 Select, adapt and/or create instruments to collect data
- 4.3.1 Identify existing data collection instruments
- 4.7 Apply findings
- 4.7.4 Incorporate findings into program improvement and refinement

Area V: Administer and Manage Health Education/Promotion

- 5.2 Manage technology resources
- 5.3 Manage relationships with partners and other stakeholders
- 5.3.2 Facilitate discussions with partners and other stakeholders regarding program resource needs
- 5.3.5 Elicit feedback from partners and other stakeholders
- 5.5 Demonstrate leadership
- 5.5.1 Facilitate efforts to achieve organizational mission
- 5.5.5-7 Conduct, implement and monitor strategic plan
- 5.5.9 Comply with existing laws and regulations

Area VI: Serve as a Health Education/Promotion Resource Person

- 6.1 Obtain and disseminate health-related information
- 6.3 Provide advice and consultation on health education/promotion issues
- 6.3.2 Establish advisory/consultative relationships

Area VII: Communicate, Promote, and Advocate for Health, Health Education/Promotion and the Profession

- 7.3 Influence policy and/or systems change to promote health and health education
- 7.3.1 Influence policy and/or systems change to promote health
- 7.3.2 Assess the impact of existing and proposed policies on health education
- 7.3.3 Assess the impact of existing systems on health
- 7.3.5 Use evidence-based findings in policy analysis
- 7.3.6 Develop policies to promote health using evidence-based findings
- 7.3.7 Identify factors that influence decision-makers

MCHES® Advanced Level color key: Advanced – 1, Advanced – 2

Areas of Responsibility and Competencies for Health Education Specialists (HESPA 2015) available at this link: www.nchec.org/responsibilities-and-competencies and www.nchec.org/assets/2251/hespa_competencies.pdf

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Sphere 3 Leadership and Advocacy

Competency 3.2 Advocates and challenges others to take action to advance the profession.

Performance Indicator 3.2.6 Communicates with policymakers to influence decisions that impact advancement of the profession.

**Learning
Need Code**

1070 Leadership, critical and strategic thinking

1080 Legislation, public policy

Sphere 12 Community and Population Health

Competency 12.1 Advocates for health and disease prevention in the community and population.

Performance Indicator 12.1.4 Influences legislation, regulation, and policy changes to impact nutrition in the community.

**Learning
Need Code**

1080 Legislation, public policy

4010 Community intervention, monitoring, and evaluation

4020 Community program development



Part 1

	Words	Slides	Minutes Words / 250	Minutes Slides * 2	Total Minutes	Hours	URLs	
Introduction								
Review Study Guide	7500			30			www.healthedpartners.org/ceu/hp2030dev1/hp2030dev1studyguide.pdf	
					30	0.50		
Section 1: Planning for HP2030								
Development of NHPDP Objectives for 2030 Framework	295			1			www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030	
DHHS Secretary's Advisory Committee	1193			5			www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030/Framework	
Advisory Committee Members (Bios)	205			1			www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030/Advisory-Committee	
Charter	3013			12			www.healthypeople.gov/2020/about/history-development/healthy-people-2030-advisory-committee/committee-members	
History of Healthy People	1609			6			www.healthypeople.gov/sites/default/files/2030_Advisory_Committee%20copy.pdf	
	162			1			www.healthypeople.gov/2020/About-Healthy-People/History-Development-Healthy-People-2020	
					26	0.43		
Section 2: Public Comment								
Public Comment for Healthy People 2030	567			2			www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030/Public-Comment	
					2	0.04		
Section 3a: 1st Meeting - Inaugural Meeting								
Federal Register Notice	670			3			www.healthypeople.gov/sites/default/files/healthy-people-overview.pdf	
Agenda	499			2			www.healthypeople.gov/2020/about/history-development/healthy-people-2030-advisory-committee/inaugural-meeting-agenda	
Summary	4844			19			www.healthypeople.gov/sites/default/files/First-Meeting-Summary-Secretarys-Advisory-Committee-for-2030.pdf	
					24	0.40		
Section 3b: Presentations & Final Report								
Healthy People Overview		11		22			www.healthypeople.gov/sites/default/files/healthy-people-overview.pdf	
Health People: Data Requirements		18		36			www.healthypeople.gov/sites/default/files/hp-data-requirements-rothwell.pdf	
HealthPeople.gov and Interactive Tools		10		20			www.healthypeople.gov/sites/default/files/hp-interactive-tools.pdf	
HP2020 Advisory Committee Recommendations		26		52			www.healthypeople.gov/sites/default/files/hp-2020-advisory-committee-recommendations.pdf	
Who Uses Healthy People and How is it Used?		22		44			www.healthypeople.gov/sites/default/files/healthy-people-user-research.pdf	
Final Report: 2015 Healthy People User Study	28,980			116			www.healthypeople.gov/sites/default/files/hp-2020-user-study-final-report.pdf	
					290	4.83		
Test								
					60		www.surveymonkey.com/r/hp2030devpart1	
						1.00		
Time to learn to and navigate links and web sites								
					30			
						0.50		
					Total Time (estimated)	462	7.70	