**Read/study sections with headings and subheadings with yellow highlight.**

**Text with grey highlight is not needed for the course.**

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| ~1.0 hourPAG Advisory Committee Report**IN THIS SECTION:**a web page and selected pages (33 total pages) from the Scientific ReportOne 5-point text response test question from this section.**NOTE:**This section covers CHES / MCHES responsibili-ties and competencies related to **principles of evidence-based** practice. | **Section 4a: Scientific Report – Introduction, Background, Integrating the Evidence, and Methodology****After studying the material in this section, the participant will be able to:*** Explain the process of finding, interpreting, synthesizing, reporting, applying research **findings** and **evidence** to develop the **evidence-based** Physical Activity Guidelines for Americans.
	+ - Focus is on promoting physical activity

**Assignments*** **Read/study –**
* **Scientific Report** web page - <https://health.gov/paguidelines/second-edition/report/> (~5 min)
* Letter to the Secretary of HHS <https://health.gov/paguidelines/second-edition/report/pdf/00_Letter_to_the_Secretary.pdf> (2 pages, ~3 min)
* **NOTE 1:** **for Parts A through Part D** read/study only the 22 pages listed. Those pages tend to specifically address evidence-based health education/promotion of regular physical activity.
* **NOTE 2:** a file with only the suggested pages to read from Parts A, B, C, and D is at [www.healthedpartners.org/ceu/ebpag/scientificrpt-execsumpartsabcd.pdf](http://www.healthedpartners.org/ceu/ebpag/scientificrpt-execsumpartsabcd.pdf) (~45 min).
* For the test question be prepared to describe in 50 words or less what you found of significant interest or very useful for you personally and/or for your health education/promotion practice.
* **Part A. Executive Summary** – **Effort to promote physical activity can be effective** and **Public Health Impact** . . . **pages A-5 - A-7** (~2 pages, 5 min) NOTE: pages A-1 – A-4 review much of what you’ve studied already)
* **Part B. Introduction** – all 8 pages, covers organization and processes on find and using evidence (8 pages, ~10 min)
* **Part C. Background and Key Physical Activity Concepts** – Historical Perspective pages C1-C3, Promotion of Physical Activity C26-27 (5 pages, ~7 min)
* **Part D. Integrating the Evidence** –**Introduction** and **Promotion of Physical Activity** - pages D1-D3, D27-D29 (6 pages, ~7 min)
* **Part E. Systematic Review Literature Search Methodology** – **all** **22** pages <https://health.gov/paguidelines/second-edition/report/pdf/06_E_Systematic_Review_Literature_Search_Methodology.pdf> (22 pages, ~45 min)
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Part A pages start on page 2

Part B pages start on page 4

Part C pages start on page 12

Part D pages start on page 17